

# STRESS: A Monster Of Mythical Proportions Christians Fight With Carnal Weapons

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## I. The Monster's Growl and the Monster's Shadow

A.

B.

## II. The Monster's True Identity

A. Did Jesus and Paul Misunderstand Our Psychological Makeup?

B. Job and his wife

C. Mary and Martha

D. The Dynamics of "Need"

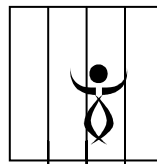
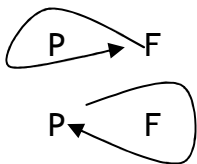
## III. Disarming the Monster:

A. Recognize where the stress \_\_\_\_\_

B. Recognize your \_\_\_\_\_

C. Remind yourself of your \_\_\_\_\_

D. Practice \_\_\_\_\_



E. Use Biblical \_\_\_\_\_ to describe people and their problems