

## A Place of Quiet Rest

### *An Educator's Journey to the Heart of God*

*Life is busy – family, work, church – and you are weary! You are looking for that Place of Quiet Rest! Yet, there always seems to be one more thing "on the list" of things to do. Is your devotional time with God just one more thing on your list - something that you can put a checkmark next to in your daily planner – and go on about the business of life? Join us for this workshop and be challenged to "wait upon the Lord" for your renewed strength – and encouraged to lead your students on journey that will bring them Near to the Heart of God.*

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## Preparing for a Lifetime Journey

Each day takes us toward some destination.

- Are we moving toward God's heart or away from it?
- Each day we take our students toward some destination –will it be toward God's heart or away from Him?

### The Heart

- ✓ We speak in **terms of the human heart** as the center of our emotions
- ✓ **The heart of God** – a place of intimate fellowship.

There is a place of quiet rest,  
Near to the heart of God.  
A place where sin cannot molest,  
Near to the heart of God.

There is a place of comfort sweet,  
Near to the heart of God.  
A place where we our Savior meet,  
Near to the heart of God.

### Refrain

*O Jesus, blest Redeemer,  
Sent from the heart of God,  
Hold us who wait before Thee  
Near to the heart of God.*

There is a place of full release,  
Near to the heart of God.  
A place where all is joy and peace,  
Near to the heart of God.

### The Heart of God

- ✓ a place of quiet rest
- ✓ a place of comfort sweet
- ✓ a place where we our Savior meet
- ✓ a place of full release
- ✓ a place where all is joy and peace

## The Heart of God

*This is where we want to be and where we want to lead our students!*

## Our Journey to the Heart of God

- **One Day at a Time**  
*Each day becomes precious because each day is part of the process that takes us nearer to the heart of God.*
- **Don't Wait Until Tomorrow**  
*How often do I/you/we postpone our walk with God until life seems a little more under control? How tragic to go through life without realizing that our walk toward God's heart is a daily journey.*

## An Invitation to Travel

- Our first invitation is the offer of salvation.
- The second invitation is to journey to the heart of God – where we learn the “why” and the “how” to walk in the good works to which we have been called.
- **A travel disclaimer: The journey to the heart of God is full of the difficult, the unexplained, and the unexpected. The reason is that it is God's journey.**  
*All kingdom teaching is contrary to the way the world instructs us to live. Kingdom teaching and kingdom living are in direct opposition to the way the world expects us to live.*

## How do we travel?

- **Travel Light**  
✓ *Nothing in my hand I bring . . . simply to the cross I cling.*
- **Stay on the Path – Wholehearted Obedience**  
✓ *John 14:6 If you love Me, you will keep my commandments.*
- **Enjoy Fellowship with the Guide**  
✓ *He goes on ahead of them, and his sheep follow him because they know his voice. John 10:4*

## Following the Guide

- **Time Set Apart**

*It doesn't have to be a long session – but for whatever period of time we do have, it needs to be unhurried. Don't think of Jesus' call to come to Him as yet another activity you must schedule into your day.*

- David Brainerd: *In the morning I was very busy in preparation for my journey, and was almost continually engaged in prayer.* Although his activities were driven by a crowded list of tasks, the whole time he was talking with the Lord. Missionary David Brainerd understood the importance of spending time with God – before going out to serve others. Out of his abiding came the spiritual strength and guidance for how and where to serve.

<p style="text-align: center;"><b>Abiding does not negate service; it prepares you to be the teacher God called you to be . . . that he might use you for His purposes.</b></p>
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## The Guidebook

*If we want to know our Father – we must know His book. The Bible is the guidebook to the heart of God.*

- Read
  
  
  
  
  
  
  
  
  
  
- Study
  
  
  
  
  
  
  
  
  
  
- Memorize
  
  
  
  
  
  
  
  
  
  
- Apply

Do these things because you love the Word and want to be in closer intimacy with the Father . . . to grow and learn and be conformed to His image. **While this requires "discipline" – it needs to move beyond the "should and ought".**

## Are we there yet?

- **Are we bearing fruit?**
- **Are we experiencing His rest?**  
**Rest, refreshment, and renewal are healing words.** God want to make them a reality in your life.
  - ✓ Green meadows and peaceful streams are part of your journey. Allow Him to lead you there.
  - ✓ Let Him set the pace
  - ✓ Let Him guide you to the right paths

**Surrendering all in order to journey to the heart of God brings great blessing, for only in HIM will you experience fullness of joy, and only in His right hand will you find everlasting pleasure.**

- Begin your journey today – do not be hindered by the discouragement of yesterday and do not play the When/Then of tomorrow.
- The walk toward God’s heart is a daily journey – we cannot make up for lost time – we can never recover yesterday!
- Find your place of quiet rest – today . . . tomorrow . . . and every day!

### *Closing prayer:*

*Gentle Shepherd,  
Come and lead us,  
For we need you,  
To help us find our way,*

*Gentle Shepherd,  
Come and feed us,  
For we need,  
Your strength from day to day,*

*There's no other,  
We can turn to,  
Who can help us face another day,*

*Gentle Shepherd,  
Come and lead us,  
For we need you,  
To help us find our way.*

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*An Educator's Journey to the Heart of God*

Nancy R. DeHaan, Cumberland Christian School  
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## **Resources**

### ***A Woman's Journey to the Heart of God***

Cynthia Heald

### ***My Heart in His Hands***

Series by Vonette Zachary Bright

- Winter: Lead Me in the Way Everlasting
  - The Guided Heart
  - The Intimate Heart
  - The Growing Heart
- Spring: Renew a Steadfast Spirit Within Me
  - The Renewed Heart
  - The Nurturing Heart
  - The Woman's Heart
- Summer: Set Me Free Indeed
  - The Free Heart
  - The Wise Heart
  - The Caring Heart
- Autumn: I Delight Greatly in My Lord
  - The Willing Heart
  - The Simple Heart
  - The Joyful Heart

### ***Daily with the King***

W. Glyn Evans with foreword by Howard G. Hendricks

From the flyleaf:

*You'll hear God's wisdom to you in each of the 365 messages inside. Each one is designed to still your spirit and stir your heart with:*

- *One clear thought for each day*
- *Revealing Scripture*
- *A fresh, personal longing for God*

### ***Daily Walk – Getting God's Word into Your Heart***

Walk Thru the Bible (monthly subscription)

<http://www.walkthru.org/> and click on *Publications* – There are FIVE publications from which to choose.

*Daily Walk will guide you on a life-changing journey through the Bible in one year. Every feature of this devotional magazine is designed to help you get the most out of your daily time with the Lord. It's the tool you have been looking for to bring the Bible alive for you! Enjoyed by readers around the world, this magazine is the perfect step in your walk with God.*

### ***The One Year Book of Psalms – 365 Inspirational Readings***

William J. Petersen and Randy Petersen

Covers the entire book of Psalms.

*Each day you will enjoy a compelling devotional, **complemented by an inspiring hymn stanza.***

## ***A Place of Quiet Rest – Finding Intimacy with God Through a Daily Devotional Life***

Nancy Leigh DeMoss

*Sections Include:*

- *The Priority of a Devotional Life*
- *The Purpose of a Devotional Life*
- *The Pattern of a Devotional Life*
- *The Problems of a Devotional Life*
- *The Practice of a Devotional Life*
  - *Receiving His Word*
  - *Responding to His Word*
- *The Product of a Devotional Life*

## ***A 30 Day Walk with God in the Psalms***

Nancy Leigh DeMoss

- *Psalms of Instruction – A Learning Heart*
- *Psalms of Expectation – A Leaning Heart*
- *Psalms of Aspiration – A Longing Heart*
- *Psalms of Contrition – A Lowly Heart*
- *Psalms of Celebration – A Loving Heart*

## ***A Woman After God's Own Heart***

Elizabeth George

## ***A Young Woman After God's Own Heart – A Teen's Guide to Friends, Faith, Family and the Future***

Elizabeth George